

**CONNECTIONS**

**TO**

**COMMUNITY**



# CONTENTS

COUNSELLING AND MENTAL HEALTH SERVICES

EDUCATION AND YOUTH FOCUSED SERVICES

SOCIAL AND INDIVIDUAL SUPPORT SERVICES

DISABILITY AND CARER SUPPORT SERVICES

ALL THE INFORMATION LISTED IN THIS BOOKLET WAS UPDATED AS OF THE 20/08/2024

IF ANY INFORMATION NEEDS UPDATING PLEASE EMAIL: [YOUTH@BUSSELTON.WA.GOV.AU](mailto:youth@busseilton.wa.gov.au)

# COUNSELLING AND MENTAL HEALTH SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

<p><b>SJOG - SOUTHWEST COMMUNITY ALCOHOL AND DRUG SERVICES</b></p>	<ul style="list-style-type: none"> <li>• Alcohol and drug prevention.</li> <li>• Counselling.</li> <li>• Programs &amp; Education initiatives.</li> </ul>	<ul style="list-style-type: none"> <li>• 12+ years</li> </ul>	<p>admin.swcads@sjog.org.au</p>
<p><b>BUSSELTON COMMUNITY SAFE SPACE</b></p>	<ul style="list-style-type: none"> <li>• Drop in service for emotional support around suicide and self-harm.</li> </ul>	<ul style="list-style-type: none"> <li>• Anyone.</li> </ul>	<p>info@busseltoncss.com.au</p>
<p><b>GP DOWN SOUTH</b></p>	<ul style="list-style-type: none"> <li>• Aboriginal &amp; Mental Health Programs.</li> <li>• Clinical Care coordination.</li> </ul>	<ul style="list-style-type: none"> <li>• All ages.</li> <li>• Non crisis.</li> </ul>	<p>(08) 9754 3662 sw.office@gpdownsouth.com.au</p>
<p><b>WARATAH SUPPORT CENTRE</b></p>	<ul style="list-style-type: none"> <li>• Free, specialised counselling, support and therapeutic intervention services for people who have experienced sexual assault, sexual abuse &amp; family &amp; domestic violence.</li> </ul>	<ul style="list-style-type: none"> <li>• All people</li> </ul>	<p>(08) 97912884 waratah@waratah.asn.au</p>
<p><b>4FAMILIES RELATIONSHIPS AUSTRALIA</b></p>	<ul style="list-style-type: none"> <li>• Free Child and Family Counselling.</li> <li>• Referrals</li> </ul>	<ul style="list-style-type: none"> <li>• families and carers with children under the age of 16.</li> </ul>	<p>(08) 6164 0600 www.relationshipswa.org.au</p>

# COUNSELLING AND MENTAL HEALTH SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
<p><b>SOUTHWEST COUNSELLING</b></p>	<ul style="list-style-type: none"> <li>• Counselling &amp; advocacy services.</li> <li>• MHCP &amp; NDIS available.</li> <li>• LGBTIQ+ and other support groups.</li> </ul>	<ul style="list-style-type: none"> <li>• Children, Adolescents, adults, Couples and Families.</li> </ul>	<p>(08) 9754 2052 admin@swcounselling.org.au</p>
<p><b>ACCORDWEST</b></p>	<ul style="list-style-type: none"> <li>• Family &amp; Relationship Services: strengthen family relationships and connections, prevent breakdowns, and ensure the wellbeing and safety of children.</li> <li>• Counselling</li> <li>• Family Capacity Building</li> </ul>	<ul style="list-style-type: none"> <li>• Families and/or individuals</li> </ul>	<p>clientservices@accordwest.com.au 1800 115 799 www.Accordwest.com.au</p>
<p><b>ACCORDWEST</b></p>	<ul style="list-style-type: none"> <li>• Reconnect: Prevent and reduction of youth homelessness through early intervention. Support in stabilizing and improving the young person's housing situation and their level of engagement with family, education, training, employment, and their local community.</li> <li>• Counselling</li> <li>• Family Capacity Building</li> <li>• Group based programs or workshops</li> <li>• Skill building support with basic life skills</li> </ul>	<ul style="list-style-type: none"> <li>• Young people aged 12-18</li> </ul>	<p>clientservices@accordwest.com.au 1800 115 799 www.Accordwest.com.au</p>

# COUNSELLING AND MENTAL HEALTH SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
LAMP INC	<ul style="list-style-type: none"> <li>• Mental Health support.</li> <li>• Individual support within the community and clients homes.</li> <li>• Day 2 day program (5 days per week, supporting clients with social interaction).</li> </ul>	12 to 24 (youth programs) Up to 65 yrs.	9754 1834 <a href="http://Lampinc.org.au">Lampinc.org.au</a>
ICAMHS SW	<ul style="list-style-type: none"> <li>• ICAMHS is a free public health service for infants, children &amp; adolescents and their families / significant others with moderate to severe mental health issues who require support for:               <ul style="list-style-type: none"> <li>• Major depression and anxiety</li> <li>• Attachment disorders</li> <li>• Psychosis</li> <li>• Self Harm &amp; Suicide</li> <li>• Family issues</li> <li>• Self esteem</li> <li>• Sexuality &amp; Gender</li> <li>• Grief &amp; Loss</li> <li>• Cultural and lived experience support</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 0 to 17 years.</li> </ul>	9753 6400 <u>WACHS-</u> <a href="mailto:SWCAMHSAdmin@health.wa.gov.au">SWCAMHSAdmin@health.wa.gov.au</a>
HEADSPACE BUSSELTON	<ul style="list-style-type: none"> <li>• Mental Health counselling &amp; AOD.</li> <li>• Physical and sexual health support</li> </ul>	<ul style="list-style-type: none"> <li>• 12 to 25 years.</li> </ul>	(08) 6164 0680 <a href="mailto:Hilary.Cayley@headspacebunbury.org.au">Hilary.Cayley@headspacebunbury.org.au</a> <a href="mailto:busselton@headspacebunbury.org.au">busselton@headspacebunbury.org.au</a>
RICHMOND WELLBEING BUSSELTON	<ul style="list-style-type: none"> <li>• Supported residential care for clients struggling with mental health issues.</li> </ul>	<ul style="list-style-type: none"> <li>• 18 to 65 years.</li> </ul>	(08) 9258 3090

# EDUCATION AND YOUTH FOCUSED SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

<p><b>SOUTH REGIONAL TAFE</b></p>	<ul style="list-style-type: none"> <li>• Financial advice.</li> <li>• Councillors available on campus.</li> <li>• Emotional support.</li> <li>• Education support.</li> <li>• Indigenous support programs.</li> </ul>	<ul style="list-style-type: none"> <li>• Ages 14 to 100 years.</li> </ul>	<p>(08) 6371 3600 www.southregionaltafe.wa.edu.au</p>
<p><b>WACHS SOUTHWEST</b></p>	<ul style="list-style-type: none"> <li>• Healthy country kids program.</li> <li>• Community nursing.</li> <li>• School health services.</li> </ul>	<ul style="list-style-type: none"> <li>• All community 0 to 18 years.</li> </ul>	<p>Donna.guthridge@health.wa.gov.au</p>
<p><b>YOUTH FOCUS</b></p>	<ul style="list-style-type: none"> <li>• Online and face to face Mental Health and suicide prevention counselling for youth.</li> </ul>	<ul style="list-style-type: none"> <li>• High school age.</li> </ul>	<p>(08) 6266 4333 Mark.barrett-lennard@youthfocus.com.au</p>
<p><b>SOUTHWEST COMMUNITY COLLEGE</b></p>	<ul style="list-style-type: none"> <li>• Alternative big picture education for year 10 to 12</li> <li>1. Crisis intervention.</li> <li>• Support youth with their treatment/safety plan.</li> <li>• Refer to Mental Health services.</li> </ul>	<ul style="list-style-type: none"> <li>• 15 to 18 years (year 10- 12)</li> </ul>	<p>(08) 6724 6971</p>
<p><b>WARATAH SUPPORT CENTRE</b></p>	<p>Waratah engages with schools, organisations and the community to raise awareness about family and domestic violence and sexual assault/abuse. We provide a range of topics, with consent and healthy relationships being at the core of our work. Our aim is to build community capacity and understanding which can lead to a future free of violence.</p>	<ul style="list-style-type: none"> <li>• Organisations &amp; schools</li> </ul>	<p>(08) 97912884 waratah@waratah.asn.au</p>

# EDUCATION AND YOUTH FOCUSED SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
HEADSPACE	<ul style="list-style-type: none"> <li>• Work and study support.</li> <li>• 1 On 1 support either online or in person.</li> <li>• Career mentoring.</li> </ul>	<ul style="list-style-type: none"> <li>• 12 to 25 years old</li> </ul>	<p>(08) 6164 0680  <a href="mailto:Hilary.Cayley@headspacebunbury.org.au">Hilary.Cayley@headspacebunbury.org.au</a>  <a href="mailto:busselton@headspacebunbury.org.au">busselton@headspacebunbury.org.au</a></p>
ACCORDWEST	<ul style="list-style-type: none"> <li>• Reconnect: Prevent and reduction of youth homelessness through early intervention. Support in stabilizing and improving the young person's housing situation and their level of engagement with family, education, training, employment, and their local community.</li> <li>• Counselling</li> <li>• Family Capacity Building</li> <li>• Group based programs or workshops</li> <li>• Skill building support with basic life skills</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Young people aged 12-18 yrs</li> </ul>	<p><a href="mailto:clientservices@accordwest.com.au">clientservices@accordwest.com.au</a>  <b>1800 115 799</b>  <a href="http://www.Accordwest.com.au">www.Accordwest.com.au</a>            -            -</p>
ACCORDWEST	<ul style="list-style-type: none"> <li>• Youth Homelessness Service</li> <li>• - Case management strategies are used to overcome other issues which may be compounding homelessness.</li> <li>• The service remains flexible and tailored to promote stable accommodation as an outcome.</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Young people aged 15 – 25 yrs</li> </ul>	<p><a href="mailto:clientservices@accordwest.com.au">clientservices@accordwest.com.au</a>  <b>1800 115 799</b>  <a href="http://www.Accordwest.com.au">www.Accordwest.com.au</a>            -            -</p>

# EDUCATION AND YOUTH FOCUSED SERVICES

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
<p><b>DEPARTMENT OF EDUCATION SW</b></p>	<ul style="list-style-type: none"> <li>Engagement and transitions team.</li> <li>Participation Coordinators.</li> <li>Alternative options for early school leaver's years 11 and 12.</li> <li>Links to Support services.</li> </ul>	<ul style="list-style-type: none"> <li>Compass Engagement Program.</li> <li>Years 7 to 10 with attendance and engagement barriers.</li> </ul>	<p><a href="mailto:Annie.paterson@education.wa.edu.au">Annie.paterson@education.wa.edu.au</a></p>
<p><b>CITY OF BUSSELTON YOUTH SERVICES</b></p>	<ul style="list-style-type: none"> <li>Youth led drop in spaces.</li> <li>Upskill programs.</li> <li>Referrals to multiple services.</li> <li>Resource provider.</li> <li>Advocacy/Mentoring.</li> <li>Social engagement and interaction.</li> </ul>	<ul style="list-style-type: none"> <li>Ages 12 to 24</li> <li>Busselton (Wednesday – Saturday)</li> <li>Dunsborough (Friday – Saturday)</li> </ul>	<p><a href="mailto:youth@busselton.wa.gov.au">youth@busselton.wa.gov.au</a></p>
<p><b>JSW TRAINING &amp; COMMUNITY SERVICES</b></p>	<ul style="list-style-type: none"> <li>Accredited training NDIS</li> <li>Jobs and skills support</li> <li>Holistic case management 12- 18 years old</li> <li>Outreach</li> </ul>	<ul style="list-style-type: none"> <li>12 to 24 years.</li> </ul>	<p>(08) 9721 5033</p>
<p><b>KARRI HEALTH</b></p>	<ul style="list-style-type: none"> <li>Youth Health Nurse practitioner</li> <li>Mental health assessment and referrals.</li> <li>Support medical specialist care for conditions such as: neurodevelopment conditions, gender diversity, eating disorders.</li> <li>Sexual health care including contraception and STI screening and treatment.</li> <li>Family support</li> <li>Nicotine cessation</li> </ul>	<ul style="list-style-type: none"> <li>15 to 24 years.</li> </ul>	<p>(08) 9752 4174  <a href="mailto:admin@karrihealth.net.au">admin@karrihealth.net.au</a>            0475193834</p>



# SOCIAL AND INDIVIDUAL SUPPORT SERVICES

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
LAMP INC	<ul style="list-style-type: none"> <li>Mental Health support.</li> <li>Individual support within the community and clients homes.</li> <li>Day 2 day program (5 days per week, supporting clients with social interaction).</li> </ul>	<ul style="list-style-type: none"> <li>12 to 24 (youth programs)</li> <li>Up to 65 yrs.</li> </ul>	<p>9754 1834 Lampinc.org.au</p>
THE PAPERBARK WELLNESS PROJECT	<ul style="list-style-type: none"> <li>Early intervention through education and knowledge.</li> </ul>	<ul style="list-style-type: none"> <li>People in the early stages of stress.</li> </ul>	<p>www.thepaperbarkwellnessproject</p>
ACCORD WEST	<ul style="list-style-type: none"> <li>Crisis accommodation, case work support for homeless adults and youth.</li> </ul>	<ul style="list-style-type: none"> <li>15 to 25 year olds.</li> </ul>	<p>(08) 9729 9000 www.accordwest.com.au</p>
SERVICES AUSTRALIA CENTERLINK	<ul style="list-style-type: none"> <li>Welfare</li> </ul>	<ul style="list-style-type: none"> <li>All ages</li> </ul>	<p>97929403 Csch.busselton.w@servicesaustralia.gov.au</p>
ST JUDES	<ul style="list-style-type: none"> <li>Mental Health support.</li> <li>Support all areas of need.</li> <li>Supports NDIS funded participants.</li> <li>Social security navigation.</li> </ul>	<ul style="list-style-type: none"> <li>Ages 18 to 65 years.</li> </ul>	<p>(08) 9279 4343 info@stjudes.com.au</p>
PATHWAYS SOUTHWEST	<ul style="list-style-type: none"> <li>Nonclinical.</li> <li>Recovery orientated.</li> <li>Carer support programs.</li> <li>Psychosocial Education programs.</li> <li>Social and Community activities.</li> <li>Housing (supported) program.</li> <li>Peer support and volunteers involvement.</li> </ul>	<ul style="list-style-type: none"> <li>Referral required.</li> <li>Ages 18+</li> <li>Bunbury and Busselton.</li> </ul>	<p>info@pathwayssouthwest.org.au</p>
SWAMS (Southwest Aboriginal Medical Service - Busselton)	<ul style="list-style-type: none"> <li>Access to a holistic culturally sensitive/relevant medical service.</li> <li>GP's, health practitioners or health workers social emotional wellbeing team</li> <li>disability service</li> <li>Community programs'</li> <li>Dental</li> </ul>	<ul style="list-style-type: none"> <li>5+ years</li> </ul>	<p><a href="mailto:info@swams.com.au">info@swams.com.au</a> (08) 9797 8111</p>

# SOCIAL AND INDIVIDUAL SUPPORT SERVICES

## ORGANISATION

## SERVICES PROVIDED

## DEMOGRAPHICS

## CONTACTS

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
ACCORDWEST	<ul style="list-style-type: none"> <li>• Youth Homelessness Service</li> <li>• - Case management strategies are used to overcome other issues which may be compounding homelessness.</li> <li>• -</li> <li>• The service remains flexible and tailored to promote stable accommodation as an outcome.</li> </ul>	<ul style="list-style-type: none"> <li>• Young people aged 15 – 25 yrs</li> </ul>	<p><a href="mailto:clientservices@accordwest.com.au">clientservices@accordwest.com.au</a>  <a href="tel:1800115799">1800 115 799</a>  <a href="http://www.Accordwest.com.au">www.Accordwest.com.au</a></p>
ACCORDWEST	<ul style="list-style-type: none"> <li>• Capes Accommodation and Advocacy Service</li> <li>• - Support for people residing in private and public tenancies who are experiencing difficulties in maintaining their tenancy and/or at risk of homelessness in Busselton/ Margaret River Corridor</li> </ul>	<ul style="list-style-type: none"> <li>• Families and/or individuals over 25 years</li> </ul>	<p><a href="mailto:clientservices@accordwest.com.au">clientservices@accordwest.com.au</a>  <a href="tel:1800115799">1800 115 799</a>  <a href="http://www.Accordwest.com.au">www.Accordwest.com.au</a></p>
ACCORDWEST	<p>Emergency Relief</p> <ul style="list-style-type: none"> <li>• - available to those who are experiencing financial hardship in the Southwest, whether due to low income or unexpected cost.</li> <li>• food vouchers or Foodbank access,</li> <li>• Support to remain connected with home utilities,</li> <li>• Assistance to help pay for prescriptions bills,</li> <li>• Material aid and goods to help with day-to-day living.</li> </ul>	<ul style="list-style-type: none"> <li>• Families and/or individuals</li> </ul>	<p><a href="mailto:clientservices@accordwest.com.au">clientservices@accordwest.com.au</a>  <a href="tel:1800115799">1800 115 799</a>  <a href="http://www.Accordwest.com.au">www.Accordwest.com.au</a></p>

# DISABILITY AND CARER SUPPORT SERVICES

ORGANISATION	SERVICES PROVIDED	DEMOGRAPHICS	CONTACTS
LAMP INC	<ul style="list-style-type: none"> <li>Support for Carers caring for others with mental illness.</li> </ul>	<ul style="list-style-type: none"> <li>12 to 24 (youth programs)</li> <li>Up to 65 yrs.</li> </ul>	9754 1834 <a href="http://Lampinc.org.au">Lampinc.org.au</a>
ENABLE WA	<ul style="list-style-type: none"> <li>Disability services provider.</li> </ul>	<ul style="list-style-type: none"> <li>All ages with a variety of disabilities.</li> </ul>	(08) 9792 7500 <a href="mailto:reception@enablewa.org.au">reception@enablewa.org.au</a>
HELPING MINDS	<ul style="list-style-type: none"> <li>Carer gateway support for those looking after a loved one in the Southwest.</li> </ul>	<ul style="list-style-type: none"> <li>8+ years looking after a loved one.</li> </ul>	1800 811 747 <a href="http://helpingminds.org.au">helpingminds.org.au</a>
SWAN AUTISM NETWORK	<ul style="list-style-type: none"> <li>Information, linkages and support for autistic people and their families.</li> <li>Info webinars.</li> <li>NDIS support.</li> <li>Advocacy.</li> </ul>	<ul style="list-style-type: none"> <li>Autistic people and their families.</li> <li>Support all ages.</li> </ul>	0499 819 038 0448 417 214 0476 315 694 <a href="mailto:info@swanautism.org.au">info@swanautism.org.au</a>
RADIANCE NETWORK SOUTHWEST	<ul style="list-style-type: none"> <li>Non clinical support for people transitioning into parents.</li> <li>Perinatal support.</li> <li>Advocacy.</li> <li>One on one in home support as of January 2024</li> </ul>	<ul style="list-style-type: none"> <li>Mums aged 16 to 24.</li> <li>Busselton, Bunbury, Collie and Margaret River.</li> </ul>	0490 094 994 <a href="mailto:admin@radiancesouthwest.com.au">admin@radiancesouthwest.com.au</a>
JSW NDIS	<ul style="list-style-type: none"> <li>NDIS Support</li> <li>SLES - School Leave Employment Support</li> <li>Daily living</li> <li>Community social support</li> </ul>	<ul style="list-style-type: none"> <li>Age 7-65</li> <li>NDIS plan</li> </ul>	0484 829 962 <a href="mailto:melp@jsw.org.au">melp@jsw.org.au</a>
STARS FOUNDATION	<ul style="list-style-type: none"> <li>Support Indigenous girls in Year 7-12</li> </ul>	<ul style="list-style-type: none"> <li>Indigenous girls in Years 7-12</li> </ul>	Sharleen Gray 0467 786 296